

Dancing Through Life Studio Class Timetable

STUDIO & DAY	TIME	DUR	CLASS	LEVEL
Hornsby Studio TUESDAY	5.00	45 min	Adult Tap	Absolute Beginner
	6.00	45 min	Adult Theatre Jazz	Beginner
	6.45	45 min	Adult Tap	Beginner
	7.30	1 hr	Adult Tap	Intermediate
	8.30	1 hr	Adult Theatre Jazz	Intermediate
lindfield Studio WEDNESDAY	9.30	45 min	Adult Theatre Jazz	Open/Beginner
	10.15	45 min	Adult Tap	Open/Beginner
	11.00	45 min	Adult Hip Hop	Open/Beginner
St Ives Studio THURSDAY	5.00	1 hr	Adult Jazz	Intermediate/Advanced
	6.00	1 hr	Adult Tap	Intermediate/ Advanced
	7.00	45 min	Adult Hip Hop	Open
	7.45	45 min	Adult Dance Fit	Open
	8.30	1 hr	Adult Heels	Open
St Ives Studio FRIDAY	10.30	1 hr	Adult Tap	Beginner/Intermediate

Our Absolute Beginner classes are for <u>absolute</u> beginners, who do not have any prior dance knowledge or experience.

Our **Beginner** classes are for adults who have some prior dance knowledge, or experience.

Our **Open** classes are for adults of all levels of dance experience. These classes are 'move at your own pace' and will give you options for easier or harder steps.

Our Intermediate classes are for adults who have foundational dance knowledge but are looking to develop their technique and skills further.

Our **Advanced** classes are fast paced classes, for adults who have a strong dance background, who want to challenge their technique and skills further.